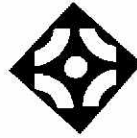


HEALTHY EATING

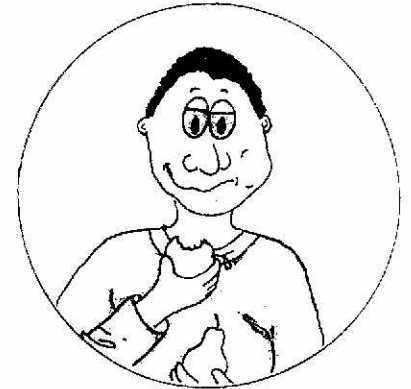


F · A · C · S

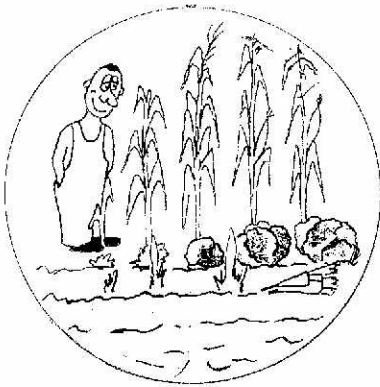
FOOD ADVISORY CONSUMER SERVICE



**Enjoy a variety
of foods**



**Eat to meet your
needs. Children have
special food needs**



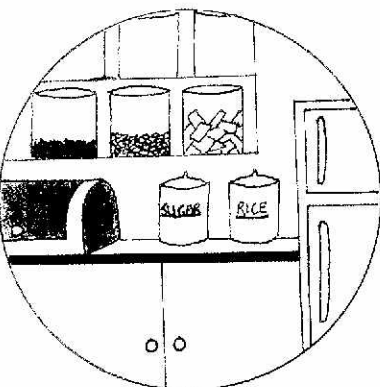
**Growing your own
food, adds to the
variety of food
available**



**GET
THE BEST
FROM YOUR
FOOD**



**Physical activity
contributes to health**



**Protect the quality
and safety of your
food**



**Clean water is
essential for life**